

# EASTSIDE HEALTH NETWORK

EvergreenHealth

OVERLAKE  
MEDICAL CENTER & CLINICS



2019 Annual Report



## A Year in Review

Eastside Health Network was founded with a simple goal: transform healthcare on the Eastside. And in just over two years, we are well on our way to accomplishing that goal.

With the help of our dedicated providers, 2019 proved to be a remarkable year of learning and growth. EHN's patient base grew by 43%, driven by exciting new Medicare Advantage and employer contracts. Moreover, we demonstrated success in value-based contracting, generating shared savings from Cigna, thanks to our second consecutive year with a 100% quality score!

All of this serves our top priority: better patient outcomes. In the past year, we became more proficient in managing our new Medicare Advantage contracts. Additionally, we developed an online directory for patients to research their providers, piloted a new approach by bringing birthing classes for expecting parents to employers, and expanded the Generic Rx program, passing the savings on to patients.

Meanwhile, we're supporting providers by facilitating savings on medical malpractice insurance and initiatives like the evidence-based, pre-op testing framework aimed at eliminating waste and unifying patient experiences across the entire network. We also added ambulatory social workers to the EHN team, who play a pivotal role in care transitions and behavioral health support.

With all of these accomplishments behind us, we're excited for what lies ahead in the coming year. Our core responsibility is the progression of healthcare transformation on the Eastside. It's one that we take on with great pride and humility, and it will mean building stronger infrastructure, connecting more providers, and reaching out to new insurers and employers in 2020.

Thank you for entrusting us these past two years with the influence and capabilities that will change the future of healthcare for Eastside residents.

Sincerely,

A handwritten signature in black ink that reads "David LaMarche". The signature is fluid and cursive, written in a professional style.

David LaMarche, MBA  
Eastside Health Network  
Chief Administrative Officer



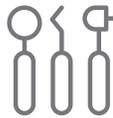
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Eastside Health Network (EHN) is a physician-led, Clinically Integrated Network comprised of providers from EvergreenHealth and Overlake Medical Center & Clinics, as well as independent practices across the Eastside.

Our network develops and implements evidence-based, data-driven, clinical initiatives to improve outcomes and patient experiences, increase efficiency, and reduce costs.



1,424  
Providers



87  
Specialties



57,600  
Lives Covered



4  
Hospitals



5  
ERs



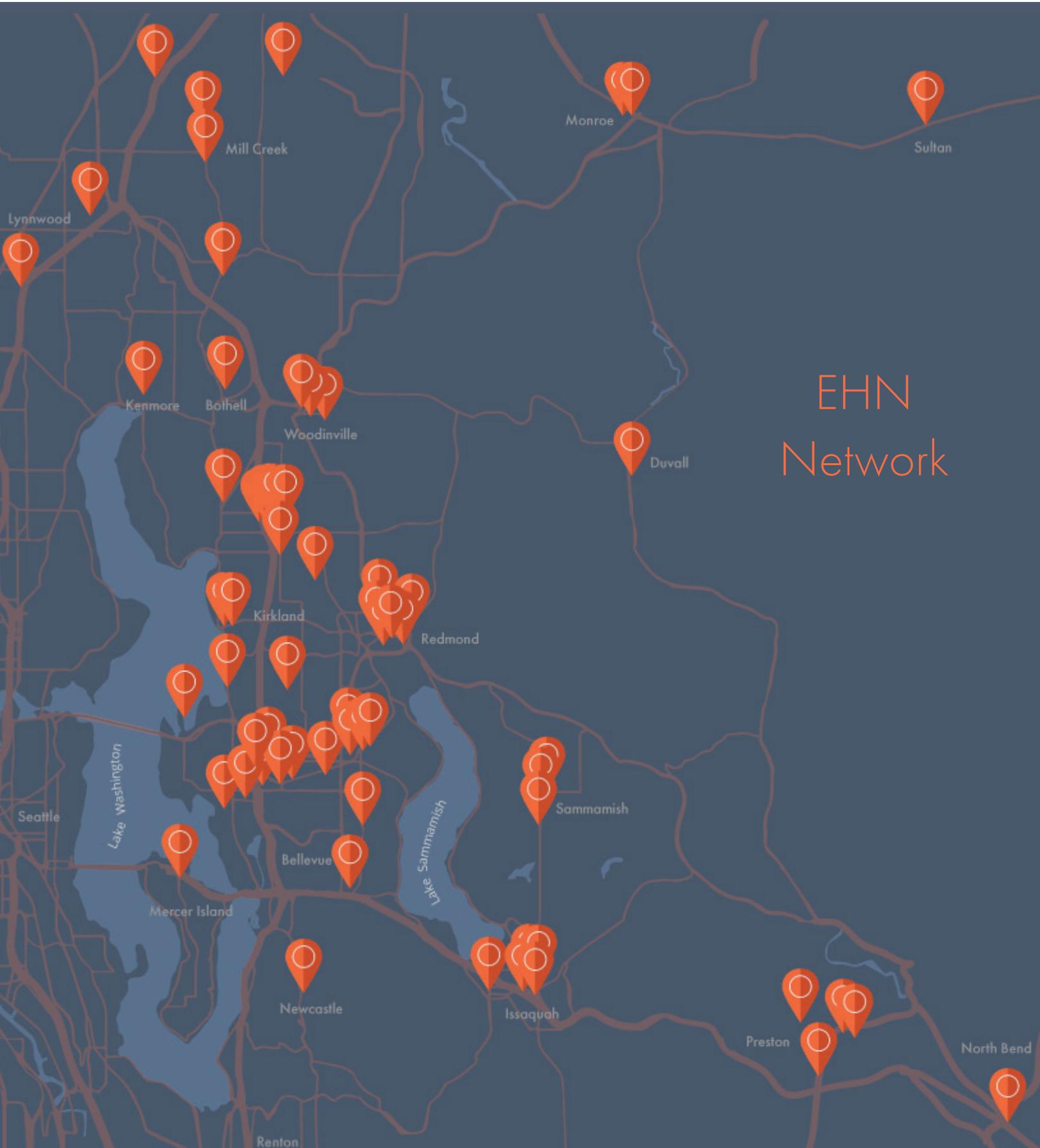
8  
Skilled Nursing Facilities



11  
Urgent Care Clinics



11  
Contracts Signed  
+5 in 2019



### EHN Launches Medicare Advantage Initiative

In 2019, EHN launched our Medicare Advantage initiative by partnering with four payors: Aetna, Premera, Humana, and UnitedHealthcare. With the increasing number of individuals on the Eastside who are Medicare eligible, this is an important facet of business for EHN. At the start of 2019 there were about 10,000 members enrolled with EHN through the four partner plans. **Throughout the year, EHN added approximately 2,000 more covered lives, bringing our final 2019 total close to 12,000 members!**

Success in Medicare Advantage is predicated on a few key items:

- Closing care gaps for members (STARs)
- Performing annual wellness visits to establish a care plan and document each patient's comorbidities and conditions
- Ensuring that members build strong, connected relationships with their primary care provider

This year, EHN providers made significant progress across these areas. While the data is still preliminary, we anticipate that at least three of the four plans

will perform at a 4.00 STAR level or higher. Further, providers performed a commendable number of annual wellness visits across the network, nearing 50%. These two metrics have set the stage for a strong 2020.

Additionally, EHN has distributed funds to independent primary care clinics who support the administrative and clinical work for these Medicare Advantage plans, including:

- Closing care gaps (HEDIS – STARs)
- Performing Annual Wellness visits and the corresponding coding and documentation
- Meeting other clinical or administrative functions (outreach, care plans, etc.)

Finally, in conjunction with our broker partner, MedicareCompareUSA, EHN is working to provide education regarding Medicare insurance options for Eastside residents who are turning 65 in the coming year. As a network, EHN will continue to work directly with practices to provide materials that aid in this effort.

// The collaborative work between Advanced Family Medicine and EHN has improved the care and health of our patients by increasing our Annual Wellness Visit rate and performance on HEDIS measures. Also, the financial incentives Advanced Family Medicine receives from EHN, along with the wealth of information shared during the EHN Practice Manager meetings, help support our clinic in doing this work. //

Ms. Zornitza Shomev  
Practice Assistant, Advanced Family Medicine



## Growing Our Contracts and Patient Base

Over the course of 2019, EHN has significantly expanded, adding five new contracts during the year.

Contract	Covered Lives in 2019
Aetna ACO Attribution (PPO)	13,700
* Medicare Advantage: Aetna/Humana/United/Premera	11,800
Boeing ACO via UW ACN—Attributed	7,400
Boeing ACO via UW ACN—Designated	4,000
Cigna Collaborative Accountable Care (PPO)	9,000
Employee Plans	7,200
* Microsoft Health Connect Plan	4,000
Regence Accountable Health Network	500
<b>Grand Total</b>	<b>57,600</b>

\*new contracts in 2019.

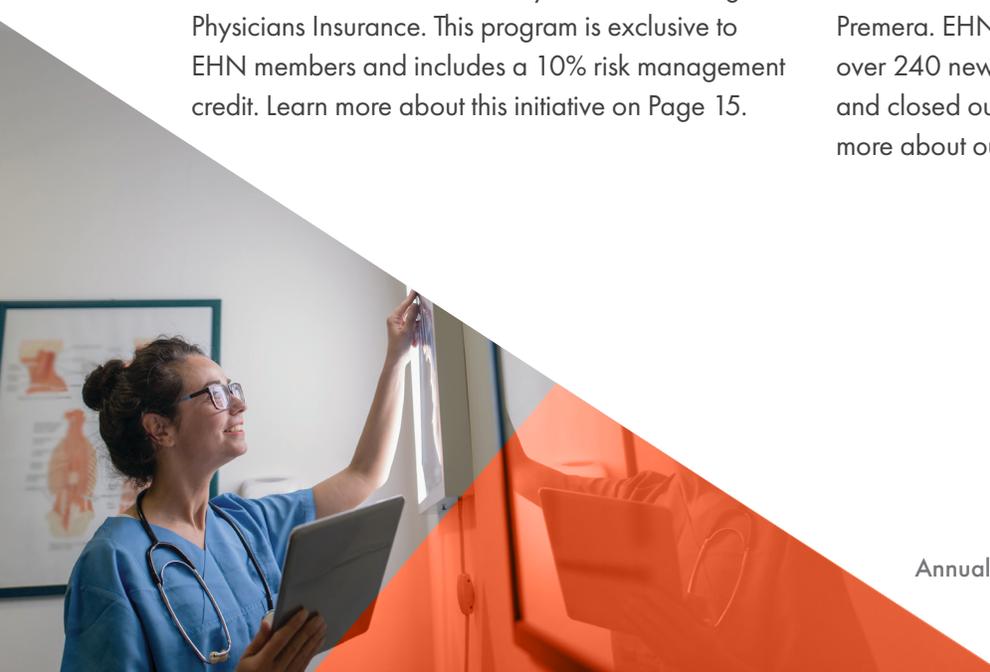
## More 2019 Highlights

**EHN Beats Local Market Benchmarks:** Cigna again recognized EHN for exceeding benchmarks in child wellness, preventive care, behavioral health, diabetes, and coronary artery disease. We beat the market cost trend by 4.2% and achieved a quality score of 87.5%, which qualified us to receive our full shared savings. Read more about our performance on Page 14.

**EHN Launches Medical Professional Liability Insurance:** EHN now offers its members access to Medical Professional Liability Insurance through Physicians Insurance. This program is exclusive to EHN members and includes a 10% risk management credit. Learn more about this initiative on Page 15.

**Health Trust Healthcare Plans:** With assistance from Gallagher and Premera Blue Cross, EHN was able to offer a suite of high quality health care plans for our independent providers and their families. We are pleased to report that 80% of the time that a quote was produced, these rates were lower than that of similar plans. Read more about Health Trust plans on Page 15.

**Microsoft Health Connect Plan Goes Live:** EHN and Microsoft have joined forces to launch the EHN Health Connect Plan, offered exclusively through Premera. EHN is currently enrolling, on average, over 240 new Health Connect members a month and closed out 2019 membership at 4,051. Learn more about our Health Connect Plan on Page 11.



## Improving Patient Care

One of EHN's primary goals is to enhance the patient experience and create better health outcomes. We continue to provide support in areas that help serve the patients in our community, and have added resources which aid providers' ability to care for patients.

### TOLAC: A Shared Decision-Making Course for Patients

Since 2017, EHN has supported monthly TOLAC (Trial of Labor After Cesarean) courses for expectant moms in our community. We had 137 new class enrollments in 2019. EHN physicians instruct each class with the goal of providing an un-biased, interactive forum for patients choosing between repeat Cesareans or Trials of Labor for their upcoming birth. In this low-stress setting, patients can learn more about delivery risks and benefits, while having the opportunity to ask questions and discuss options with knowledgeable medical professionals. EHN providers appreciate the option to refer their expecting patients to TOLAC as a supplemental birth plan resource outside of in-clinic appointments.



### EHN Ventures into the Digital World

EHN selected a marketing agency to assist in building a strategic social media plan. The first campaign launched in October 2019 and highlighted EHN's benefits to the Eastside community, including health tips for patients and information about Medicare Advantage. We plan to continue growing our digital presence in an effort to build a strong, collaborative network of patients, providers, insurers, brokers, and companies.



## Ambulatory Social Workers for Better Patient Care

In July, EHN welcomed two ambulatory social workers to our clinical care team, who provide new resources to our patients. Many Eastside patients face health care barriers such as inadequate finances, lack of housing, food, or transportation, and can benefit from behavioral health services. The addition of social workers to Eastside Health Network's team allows for a more comprehensive and holistic patient approach.

With this new addition, EHN can better support patient care and provide critically needed resources to community members. In 2019, our ambulatory staff joined forces with EHN's RN Care Managers to better support our patients. We will continue to enhance our approach so that each patient we meet has the community resources they need available to them.

## EHN Develops Pre-Op Testing to Reduce Waste and Increase Efficiency

EHN, Matrix Anesthesia, and the pre-anesthesia clinics at Overlake Hospital Medical Center and EvergreenHealth have collaborated to develop a pre-anesthesia testing grid that takes into account both patient comorbidities and types of surgery. For the sake of advancement within both patient experience and sustainability, this new grid is an evidence-based tool to help avoid unnecessary testing, reduce wasted material, and ease the pre-op period for patients and providers. Matrix, a co-leader of this important initiative, has been instrumental in educating and disseminating information to clinics and providers. Thank you to Dr. Ben Tibbals and Sara Sherwin, ARNP, for their leadership on this initiative!

“ I have worked with the pre-anesthesia clinics at both EvergreenHealth and Overlake Hospital to help standardize preoperative testing across EHN. We have identified several procedures that require no testing, but are still generating primary care visits and tests in many cases, which we have focused on improving first. Following this, we hope to increase utilization of the pre-anesthesia clinics for hospital-based surgeries and continue educating surgeon's offices on what is needed for any procedure, whether at the hospital or at an ambulatory surgery center. ”

Dr. Ben Tibbals  
Anesthesiologist  
Matrix Anesthesia





## A Top Priority: Better Patient Outcomes

Coordinated care is a core function of EHN and can make a tremendous difference in patient outcomes. Often, when patients make their way to EHN, they have previously seen numerous providers for a variety of ailments and are struggling under the burden of managing their own care.

In 2019, the EHN Care Management team met George, a 63-year-old individual who suffers from multiple chronic medical conditions, including diabetes, heart disease, complex orthopedic problems, and chronic pain. George was also experiencing frequent fainting episodes and a decline in memory and cognition. In addition, George's limited financial resources added complexities regarding the many co-pays for critical doctor visits. Coordinating appointments and managing total care quickly became overwhelming to George.

Due to these concerns, George's primary care doctor referred him to the EHN RN Care Manager and Social Worker team for support. They met with

George and his providers to review his needs and to establish a path for continuity of care. By focusing on George's current barriers to health care services, coordinating care between his multiple providers, and developing strategies for his long-term health and safety, the team created a coordinated plan for going forward without compromising any aspect of George's treatment.

The team was able to help George get mail-order medication benefits with automatic refills through his Medicare Advantage plan and establish care closer to home after a recent move. They also assisted with obtaining a glucometer and in-home supplies so that he can check his own blood glucose levels – a new recommendation from his PCP.

By working together to establish a connection that helped to increase access to his providers and promote George's safety, the EHN team not only improved his overall medical care, but reduced his costs so that he can focus on his health.

## Building Strong Relationships with Insurers and Employers

We are proud of the strong relationships EHN has forged with insurers and employers. By collaborating with these partners, we are able to improve patient outcomes and experiences, while lowering the overall cost of care. Further, by working together, we continue to look for innovative ways to support patients and their families.

### Microsoft Health Connect Plan Goes Live

With a shared vision of improving care coordination and patient experience, EHN and Microsoft teamed up to provide the EHN Health Connect Plan offered exclusively through Premera. With direct access to the EHN network, Microsoft's Living Well Health Center and Allegro Pediatrics, patients now have personalized health care, predictable out-of-pocket expenses, and improved health outcomes.

After an education roll out to Microsoft employees, the plan went live January 1, 2019, and our first year brought many new exciting offerings for our members, including:

- **Team Navigator:** Personalized assistance to help members manage their care.
- **Childbirth Program Hosted on the Microsoft Campus:** A series of birth preparation classes offered by EvergreenHealth and Overlake Hospital and Medical Clinics that cover the full spectrum of delivery topics.
- **Early Pregnancy Classes, Centered Around Those New to Healthcare in the United States:** With the help of EvergreenHealth and Overlake Hospital and Medical Clinics, this class provides an overview of the pregnancy journey from preconception through birth and early postpartum.

The Health Connect Plan membership began at 1,057. As the second year begins, the plan is averaging over 240 new Health Connect members a month and **closed out 2019 at a membership of 4,051!**

Here are some of the calls that highlight how the Team Navigator helps members:



I need to get my cholesterol tested.

.....  
Navigator explained the testing process, helped the new member select a PCP, and scheduled an appointment for their annual exam.



I need to schedule an appointment today with a PCP that speaks Mandarin.

.....  
Navigator connected member to a Mandarin speaking PCP and helped to identify alternate options due to limited availability. They were then able to schedule an appointment.



I need a female OB/GYN that is accepting new patients.

.....  
Navigator found an OB/GYN that met her needs and helped the patient set up her first appointment.



## Supporting Our Providers

Critical to the success of EHN is our work to assist and sustain the providers in our network. From facilitating savings on medical malpractice insurance, to programs and materials aimed at creating uniformity in care experience, EHN is dedicated to our providers and will continue to seek avenues that offer meaningful resources and support.

### Premera Pulse

In partnership with Premera and VIM, EHN launched Premera Pulse in December 2019. This new online provider directory is instrumental in facilitating a smooth process for patients to easily locate an EHN primary care provider and then request to book an appointment. The convenience of an online directory helps to create a positive and rewarding patient experience.

This user-friendly, streamlined process provides:

- Enriched provider profiles
- Boosted search ranking, based on cost and quality
- EHN providers grouped together, ranking them in the 99th percentile
- Patient medication history in one place

## Improved Generic Prescribing

In 2019, EHN launched the first year of reporting on generic prescribing rates to providers in primary care, pediatrics, OB/GYN, and gastroenterology. Our detailed reports helped communicate to providers the following:

- When expensive medications with therapeutic alternatives were available at a lower cost
- Scorecards detailing a provider’s generic dispensing rate (GDR) across our network

After one year, EHN has observed improvement in its commercial contracts within the following specialties:

Specialty	2018 Generic Dispensing Ratio	2019 Generic Dispensing Ratio
Family Medicine	90.3%	92.7%
Internal Medicine	90.9%	94.6%
OB/GYN	86.2%	90.8%



“ Collaborating with a creative and dynamic EHN team, pharmacists have made contributions towards a generic prescribing initiative, development of successful strategies for the care of Type 2 diabetic patients, and identification of best-practice pharmacotherapy for a variety of disease states. Work on the generic prescribing initiative is particularly gratifying as this project reduces cost to the network, the organizations, and most importantly, to the patient, while maintaining therapeutic effectiveness and supporting improved adherence. ”

Elisa Vila, RPH, CACP  
Pharmacy Ambulatory Services Manager





## EHN Beats Local Market Benchmarks For The Second Year In A Row

As a Clinically Integrated Network, our success is measured first and foremost in areas identified as opportunities for the improved health of our patients. In 2018, Cigna recognized EHN providers for exceeding local benchmarks in **child wellness, preventive care, behavioral health, and diabetes**. This was a proud moment for our team.

Now, we are excited to announce that in 2019, EHN was *again* recognized for exceeding benchmarks in these same domains, as well as **coronary artery disease**, which earned EHN a quality score of 87.5%. Further, EHN's costs were 4.2% lower than other Puget Sound area health systems. Ultimately, EHN earned 100% of our possible shared savings.

// The Eastside Health Network and Cigna have been in a collaborative partnership, caring for aligned Cigna members since 2017. We continue to evolve our model and targets, learning from each other. Our shared goal is to ensure the highest quality care in the most appropriate setting, in order to achieve the best outcomes at an affordable medical cost for our members. While that's a common goal in healthcare, I consider EHN to be a great collaborator and trusted partner; among the very best. //

Jim Fitzpatrick  
Vice President, Network Management  
Cigna

## Passing the Benefits and Savings to Independent Providers

### Health Trust:

For the third year, EHN, in conjunction with Gallagher and Premera Blue Cross, is offering a suite of health care plans that give our independent providers the ability to select a high quality plan for themselves and their family in 2020. And, **80%** of the time that a quote was produced, the rates on the EHN plans have been *less costly* than similar plans in the small group and individual marketplaces!

Additionally, for three years in a row the independent practices who already offer EHN health plans to their employees will experience **no increase in rates** for the 2020 renewal. Further, practices may now use any insurance broker, as EHN works directly with third party agents, thereby providing increased opportunities and choices.

// Eastside Health Network has been fantastic. Working with them on health insurance has been a pleasure. They had great options and helped me choose a plan that best fit my needs. The coverage is great and provides health insurance within a national network. They are responsive and helpful in answering questions, and they communicate well in advance making re-enrollment each year seamless. //

Eastside Psychological Association (EPA) Associate and EHN Member

### Medical Professional Liability Insurance:

EHN is proud to have launched a Medical Professional Liability Insurance product in 2019. Made available in partnership with Parker, Smith & Feek and Physicians Insurance, this program was created specifically for EHN and will continue to be offered in 2020. Available to eligible EHN members only, the product provides a 10% risk management credit (applied upon renewal). EHN is excited to be able to furnish the opportunity for savings and is pleased to report that two-thirds of eligible providers participated in the program in 2019!

#### Additional Exclusive Products for EHN Members Include:

- Risk consulting services
- Full claims management
- Peer & litigation support
- Human Resources
- Cyber & technology
- Practice operations



## Our Committees, Working for You

Eastside Health Network has established four committees comprised of individuals who are devoted to the transformation from volume to value. We are excited to share the highlights of the great work achieved in 2019 by each of these committees.

### Executive Committee

**Steve Marshall, MD - Chair**, Puget Sound Physicians  
**Kevin Hanson, MD - Vice Chair**, Evergreen Emergency Services  
**Allen Geltzer, MD - Secretary**, Overlake Internal Medicine Associates  
**Lloyd Stambaugh, MD - Treasurer**, Radia  
**Tina Mycroft**, EvergreenHealth CFO  
**Andrew Tokar**, Overlake Medical Center CFO

Support Staff

**David LaMarche**, Chief Administrative Officer - Eastside Health Network  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director  
**Katie Olney**, Executive Assistant

### Contracting Committee

The Contracting Committee's purpose is to support EHN's Board of Directors with recommendations regarding contracting strategy, as well as present specific contracts that the committee believes are prudent to execute. Additionally, the Contracting Committee is responsible for creating an ongoing review of contracting guidelines to support the evaluation and negotiation of contracts on behalf of EHN. Finally, the design and implementation of the provider incentive payment program is under the purview of the Contracting Committee.

Members

**Scott Price, MD - Chair**, Proliance  
**Justin Sampson - Committee Lead**, Dir. of Managed Care Payor Contracting  
**Greg Aeschliman, MD**, EHMG - Primary Care  
**Gregg Aoyama**, Director - Payor, Employer & D2B  
**Tom Chi, MD**, Proliance  
**Chad Crystal, MD**, Evergreen Emergency Physicians  
**Christian Herter, MD**, Overlake Clinics - Primary Care  
**Theresa Platz, MD**, EHMG - Primary Care  
**Eric Shipley, MD**, Puget Sound Physicians  
**Andy Turella, MD**, Matrix Anesthesia  
**Mark Zobel, MD**, Radia

### 2019 Accomplishments

- Implemented four Medicare Advantage contracts
- Renewed Regence Accountable Health Network Contract
- Completed first version of the Contracting Scorecard
- Reviewed and assessed the Medicare Shared Savings Plan, and completed the Medicare strategy and marketing plan

Support Staff

**David LaMarche**, Chief Administrative Office - Eastside Health Network  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director  
**Sara Rutherford**, Manager - Quality & Analytics  
**Molli Robertson**, Payor Provider Relations  
**Dave Gainer**, Senior Population Health Analyst  
**Lisa Jackson**, Strategic Project Manager

## Network Development & Nominating Committee (ND&N)

ND&N's fundamental responsibility is the evaluation and recommendation of potential providers and practices for participation and membership into EHN. Additionally, ND&N reviews, evaluates, and nominates individuals for roles and seats on EHN committees and the Board of Directors. The Committee is also responsible for defining value-added services for the independent providers/practices of EHN. These services aid in offering financial savings, assistance and support, and help independent practices with essential amenities that otherwise might not be available. ND&N is central to the establishment of policies and procedures which help to govern EHN.

### Members

**Kim Witkop, MD - Chair**, Snoqualmie Valley Hospital CMO & Interim CEO

**Joseph Hall, DPM**, Mill Creek Foot and Ankle

**Midori Larrabee, MD**, EvergreenHealth Monroe CMO

**Venkat Mohan, MD**, Washington Gastroenterology

**Ken Nishino, MD**, Overlake Medical Center - Senior Health Clinic

**Jonathan Paley, MD**, Overlake OBGYN

**Lloyd Stambaugh, MD**, Radia

### Support Staff

**Molli Robertson - Committee Lead**, Payor Provider Relations

**David LaMarche**, Chief Administrative Officer - Eastside Health Network

**Sara Rutherford**, Manager - Quality & Analytics

**Monique Gablehouse**, VP - Clinical Integration & Home Care

**Lisa Jackson**, Strategic Project Manager

## 2019 Accomplishments

- Launched medical malpractice product with Physicians Insurance. Program offers eligible EHN practices the opportunity to receive a 10% credit (applied to renewal)
- Facilitated health benefits for providers through the EHN Health Trust and ensured a zero premium increase for the third year in a row
- Coordinated the addition of eight Skilled Nursing Facilities
- Drafted and finalized policy and procedure documents vital to the success of EHN:
  - o Participation Agreements for Clinical Services entities
  - o Data Feed Policy Requirements

### Cost & Utilization Committee

The Cost & Utilization Committee is responsible for overseeing the financial performance of EHN's value-based contracts, and providing reporting and education to the practices and providers of EHN. Additionally, the committee is tasked with developing initiatives to meaningfully reduce the cost of health care and increase value for beneficiaries of the clinically integrated quality program.

#### 2019 Accomplishments

- Distributed three rounds of generic prescribing scorecards to EHN primary care providers, pediatricians, OB/GYNs, and gastroenterologists
- Achieved target for the first time on Cigna's generic dispensing measure, contributing to EHN's exemplary quality score
- Updated EHN's advisory list of therapeutic alternative medications
- Reviewed ED, facility, and professional utilization of EHN providers under Boeing, Microsoft Health Connect, Cigna, and Aetna value-based contracts

### Quality & Patient Experience Committee

This committee is responsible for defining quality metrics and performance thresholds for providers and practices as a requirement for EHN network participation. Moreover, the committee reviews payor-reported quality data for the network, designs strategies to optimize the analysis of data, and addresses quality gaps and opportunities. The committee also identifies clinical areas to build care pathways and best practices for network-wide patient management to achieve defined network and payor quality outcomes.

#### 2019 Accomplishments

- Updated EHN's data feed policy and implementation across the network, ensuring a robust data set for quality-specific reporting
- Completed and distributed Diabetes Playbook
- Completed and distributed ED referral pathways for common conditions
- Approved final seven improvement plans for contract-related quality measures
- Supported and reviewed policies and resources regarding opioid use disorder and antimicrobial stewardship

The Cost & Utilization Committee and Quality & Patient Experience Committee collaborated in the evaluation of the Washington Health Alliance's "First, Do No Harm" Health Waste Calculator reporting, leading to:

- streamlined pre-operative risk assessment and testing guidelines created in partnership with Matrix Anesthesia and the EvergreenHealth and Overlake Medical Center Pre-Op Clinics and distributed to EHN primary care providers and proceduralists in December of 2019.
- a review of antibiotic utilization rates and preparation to launch provider reporting in 2020 aimed at improving appropriateness and reducing unnecessary prescriptions.

## Cost & Utilization Committee

### Members

**Theresa Platz, MD - Chair**, EHMG - Primary Care  
**Scott Stuart, MD - Vice Chair**, Medical Director - EvergreenHealth  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director  
**Preetha Ali, MD**, Overlake Clinics - Colon and Rectal  
**Gregg Aoyama**, Director - Payor, Employer & D2B Contracting  
**Abhineet Chowdhary, MD**, Overlake Neuroscience Institute  
**Chester Gall, MD**, Overlake Medical Center and Clinics  
**Neal Perlmutter, MD**, Overlake Clinics - Cardiology  
**Justin Sampson**, Director of Managed Care Payor Contracting  
**Lennart Tan, MD**, InCyte

### Support Staff

**Sara Rutherford - Committee Lead**, Manager - Quality & Analytics  
**David LaMarche**, Chief Administrative Officer - Eastside Health Network  
**Elisa Vila**, Manager Pharmacy Ambulatory Services- EHMG  
**Molli Robertson**, Payor Provider Relations  
**Dave Gainer**, Senior Population Health Analyst  
**Lisa Jackson**, Strategic Project Manager

## Quality & Patient Experience Committee

### Members

**Paul Mayeda, MD - Chair**, EHMG - Primary Care  
**Allen Geltzer, MD - Vice Chair**, Overlake Internal Medicine Associates  
**Greg Aeschliman, MD**, EHMG - Primary Care  
**Angela Chien, MD**, EvergreenHealth Women's and Maternity Care  
**Bassim Dowidar, MD**, Evergreen Emergency Services  
**Sadia Habib, MD**, Overlake Clinics - Primary Care  
**Carolyn Kline, MD**, Evergreen MFM/Eastside MFM  
**David Koh, MD**, Woodinville Pediatrics  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director  
**Ettore Palazzo, MD**, EvergreenHealth Hospitalist  
**Amy Richardson, MD**, Redmond Foot and Ankle  
**Sara Sherwin, ARNP**, EvergreenHealth Preoperative Services  
**Ben Tibbals, MD**, Overlake Medical Center - Anesthesia  
**Linda Van Hoff, ARNP**, Overlake Clinics - Primary Care  
**Elisa Vila, RPH, CACP**, EHMG  
**Eunjoo Yoo, MD**, Overlake Clinics - Urgent Care

### Support Staff

**Sara Rutherford - Committee Lead**, Manager - Quality & Analytics  
**David LaMarche**, Chief Administrative Officer - Eastside Health Network  
**Kendra Johnson Blachly**, Overlake Medical Center - Clinical Outcome Specialist  
**Arkady DeRoest**, Program Manager - EHMG Quality  
**Khin Latt**, Director of Clinical Effectiveness and Infection Prevention  
**Molli Robertson**, Payor Provider Relations  
**Dave Gainer**, Senior Population Health Analyst  
**Lisa Jackson**, Strategic Project Manager

## Board of Directors

**Steve Marshall, MD - Chair**, Puget Sound Physicians  
**Kevin Hanson, MD - Vice Chair**, Evergreen Emergency Services  
**Allen Geltzer, MD - Secretary**, Overlake Internal Medicine Associates  
**Lloyd Stambaugh, MD - Treasurer**, Radia  
**Thomas Amidon, MD**, Overlake Clinics - Cardiology  
**Tom Chi, MD**, Proliance Surgeons  
**David Koh, MD**, Woodinville Pediatrics  
**Tina Mycroft**, EvergreenHealth CFO  
**Julie Nicholson, MD**, Overlake Primary Care  
**Mitch Nudelman, MD**, Bellegrove OB/GYN  
**Amy Numrych, MD**, Bellevue Family Medicine  
**Jonathan Paley, MD**, Overlake OBGYN  
**Pratima Sharma, MD**, Medical Director - EHPC  
**Jeff Stickney, MD**, Proliance Surgeons  
**Scott Stuart, MD**, Medical Director - EvergreenHealth  
**Andrew Tokar**, Overlake Medical Center CFO  
**John Whittington, MD**, Matrix Anesthesia  
**Kim Witkop, MD**, CMO & Interim CEO - Snoqualmie Valley Hospital

### Support Staff

**David LaMarche**, Chief Administrative Officer - Eastside Health Network  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director

## EHN Team

**David LaMarche**, Chief Administrative Officer  
**Sara Rutherford**, Manager - Quality & Analytics  
**Lisa Jackson**, Strategic Project Manager  
**Molli Robertson**, Payor/Provider Liaison  
**David Gainer**, Sr. Population Health Data Analyst  
**Leon Chan**, Systems Analyst  
**Neelam Kaur**, RN Care Manager  
**Lorena Salazar**, RN Care Manager  
**Bonnie Jeanice**, RN Care Manager  
**Monica MacDonald**, RN Care Manager  
**Laurie Sperry**, Population Health Coordinator  
**Tayyaba Bhatti**, Population Health Coordinator  
**Christine McClurg**, Population Health Coordinator  
**Danica Pernel**, Health Resource Representative  
**Claire Young**, Health Resource Representative  
**Katie Olney**, Executive Assistant  
**John Nelson, MD**, Overlake Medical Center - EHN Medical Director  
**Paul Buehrens, MD**, EHN Clinical Advisor  
**David Koh, MD**, EHN Pediatrics Medical Director  
**Justin Sampson**, OHMC Director of Contracting  
**Gregg Aoyama**, EH Director of Contracting

The Eastside Health Network (EHN) is a comprehensive network of providers, hospitals, and urgent care clinics on the Eastside. EvergreenHealth and Overlake Medical Center and Clinics came together to create a Clinically Integrated Network comprised of over 1,400 independent and affiliated providers, representing 87 specialties in 194 care locations. EHN patients experience coordinated care through providers working across multiple disciplines to deliver the highest quality care, improve patient experiences, reduce duplicate testing, and lower out-of-pocket costs.

# EASTSIDE HEALTH NETWORK



[eastsidehealthnetwork.com](http://eastsidehealthnetwork.com)  
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