

# EASTSIDE HEALTH NETWORK NOW OFFERING A MEDICAL PROFESSIONAL LIABILITY INSURANCE PROGRAM!

EASTSIDE HEALTH  
NETWORK

EvergreenHealth

OVERLAKE  
MEDICAL CENTER AND CLINICS

**EHN is proud to now offer its members access to Medical Professional Liability Insurance! Offered through Physicians Insurance, A Mutual Company, this program is specifically designed for EHN members only and includes a 10% risk management credit!**

EHN Medical Malpractice:

- **EHN Risk Management credit of 10%.**
- This credit is applied upon renewal for physicians completing one course from a prescribed Risk Management educational program through Physicians Insurance.
  - One (1) hour of continuing education is required to qualify for this credit. This can be done by taking one course or multiple shorter courses totaling one (1) hour.
  - The credit will be applied to the next renewal after completion of the required continuing education.
  - Access to the robust Physicians Insurance library of risk management content covering both clinical and operational issues.
- Risk consulting services that include evaluations and assessments targeted to the real and felt needs of your practice.
- Full claims management from the most respected physician insurer in the Northwest with an experienced and top-tier defense attorney panel.
- Peer support and litigation support services for when a claim does happen.
- Additional content and services covering human resources, cyber and technology, practice operations, value-based programs, and more.

## STEPS TO TAKE TO ENROLL IN 10% CREDIT MEDICAL PROFESSIONAL LIABILITY PRODUCT:

### 1. If Your Practice Is Already Insured with Physicians Insurance:

- One (1) hour of continuing education from the EHN approved courses listed on page 2 & 3 of this brochure is required in order to qualify for credit.
- Credit will be applied to the next policy renewal after completion of the required continuing education. Courses must be completed prior to the end of the policy term.
- (Accounts insured under an alternative rated model do not qualify for the RM credit.)

### 2. If Your Practice Is Not Insured with Physicians Insurance:

- Contact our broker partner - Parker, Smith & Feek (contact information below) to request a quote from Physicians Insurance.

## CONTACT

### EASTSIDE HEALTH NETWORK

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Payor/Provider Relations

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### BROKER PARTNER - PARKER, SMITH & FEEK

**Ryan Roberts**

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PARKER | SMITH | FEEK

# EHN APPROVED RISK MANAGEMENT COURSES

## COURSE LENGTH IN BRACKETS FOLLOWING DESCRIPTION

You must select at least one hour of continuing education from the following EHN approved courses to qualify for 10% EHN credit.

### OPIOID EDUCATION

COURSE	DESCRIPTION
<b>Clinical Practice Guidelines for Prescribing Opioids</b>	This webinar, presenting an overview of the current opioid epidemic, discusses methods for identifying the potential risks of opioid treatment. It also presents recommended treatment strategies for patients with chronic pain, including an overview of CDC guidelines and general strategies for safer pain-management practices [Duration: 1.0 hr] <b>(This course meets the WA State Opioid education requirement.)</b>
Treating the Opiate Epidemic	Learn treatment methods for opiate use disorders, including innovative detoxification and maintenance agents such as buprenorphine and depot naltrexone. Also included are the key roles of behavioral therapies, self-help programs, physical exercise, supported employment, and other nonpharmacologic interventions to help prevent opiate overdose deaths [Duration: 1.0 hr]
Treatment of Opioid Dependence Among Adolescents and Young Adults	This course discusses biological and psychosocial factors, unique to adolescents that impact their vulnerability to the negative effects of opioids. Increased understanding of the scope of opioid-use disorders among adolescents and young adults will improve a provider's ability to effectively identify and treat problematic, nonmedical use of prescription and other opioids [Duration: 1.25 hr]

### PROVIDER BURNOUT

COURSE	DESCRIPTION
Mindfulness for Stress Management and Burnout Prevention: Integrative Medicine	This course provides a method to achieve work-life balance through the use of mindfulness meditation. Serving as an underpinning, this approach can be performed anywhere and at any time, allowing you to incorporate it into your existing lifestyle [Duration: 1.0 hr]

### CARE COORDINATION AND DISEASE MANAGEMENT

COURSE	DESCRIPTION
Care Management to Increase Access and Decrease Readmissions	This course discusses use of the care-management model in the ambulatory care setting to increase patients' access to providers and decrease hospital visits, including readmission. It also addresses the issue of some payment systems not allowing providers to profit from managing chronic conditions [Duration: 1.0 hr]
Care Planning & Implementation	Care plans are developed to help residents attain and maintain physical, mental, and psychosocial well-being. This course provides information that a team can use in developing comprehensive care plans that maximize the well-being of each resident. Also covered are resources, the use of care area triggers, and Care Area Assessment (CAA) summary so that decision making can be supported and documented in the care of each resident [Duration: 1.25 hr]
Diabetes and Other Co-Morbid Conditions	To help facilitate the best outcomes for patients, this course discusses the correlation between diabetes and comorbidities, the underlying pathological processes, and the impact of glucose control. Course takeaways will be a better understanding of the common comorbidities associated with diabetes and proper management of these conditions [Duration: 1.0 hr]
The Ten Guiding Principles for the Management and Prevention of Diabetes: Principles 1-3	The purpose of this webinar is to educate health care professionals on the first three basic guidelines related to current evidence-based diabetes management and prevention. This is an introductory level course appropriate for nurses, dietitians, rehab professionals, nurses' aides, and anyone interested in learning more about these topics [Duration: 1.0 hr]
The Ten Guiding Principles for the Management and Prevention of Diabetes: Principles 4-6	The purpose of this webinar is to educate health care professionals on the fourth - sixth basic guidelines related to current evidence-based diabetes management and prevention. This is an introductory level course appropriate for nurses, dietitians, rehab professionals, nurses' aides, and anyone interested in learning more about these topics [Duration: 1.25 hr]
The Ten Guiding Principles for the Management and Prevention of Diabetes: Principles 7-10	The purpose of this webinar is to educate health care professionals on the 7th – 10th basic guidelines related to current evidence-based diabetes management and prevention. This is an introductory level course appropriate for nurses, dietitians, rehab professionals, nurses' aides, and anyone interested in learning more about these topics [Duration: 1.0 hr]

**TO ACCESS ONLINE COURSES, GO TO [WWW.PHYINS.COM/EHN](http://WWW.PHYINS.COM/EHN)  
 LOGIN REQUIRED TO ACCESS COURSE LIBRARY**

**CARE COORDINATION AND DISEASE MANAGEMENT** *continued*

COURSE	DESCRIPTION
Overview of Case to Care Management	This course for health and human services professionals offers an overview of case-to-care management, a strategy for incorporating a patient-centered approach, and ways to effectively impact the health outcomes of patients [Duration: 1.0 hr]
Payor Perspective: Diabetes Management for Clinicians	Since no two plans will be the same, this course covers the topics of pharmacotherapy, action plans, the social determinants of health, and nutritional counseling—all to assist providers in creating the most effective action plan with each patient [Duration: 1.0 hr]

**DIVERSITY & MULTICULTURAL**

COURSE	DESCRIPTION
Motivational Interviewing	Course gives an overview of a motivational interviewing approach to helping people change and see the crucial importance of matching interventions to individuals' stages of change in order to improve the likelihood of success. Also taught are specific skills and techniques that will support the primary goals of MI, which include establishing rapport, eliciting change talk, and establishing commitment language [Duration: 1.0 hr]
Social Determinants of Health Overview	This course discusses how the five pillars of social determinants of health impact the daily delivery, accessibility, and engagement of health-improvement efforts. It also presents strategies for assessing the social determinants of health that may be affecting the patient population, how to increase awareness and interest in the determinants, and ways to engage patients, stakeholders, and other providers in addressing social determinants of health [Duration: 1.0 hr]
Advocacy and Multicultural Care	This course presents an overview of new innovations in multicultural care and service delivery when working with individuals from diverse backgrounds and cultures. Included is a review of the changing landscape of mental-health service provision, along with a provider's role in alleviating oppression and health disparities [Duration: 1.5 hr]

**READMISSIONS**

COURSE	DESCRIPTION
Preventing Unnecessary Hospital Admission & Readmissions	This course presents information about how to accomplish providing patients with the appropriate level of care based their current conditions; the right kind of care provided in the right place at the right time [Duration: 1.0 hr]
Preventing Readmissions Through Ambulatory Care: A Simulation	This simulation, intended to provide a challenging, real-world experience regarding the prevention of readmissions, includes best practices for care management, medication management, medication reconciliation, and screening [Duration: 1.25 hr]
Care Management to Increase Access and Decrease Readmissions	This course discusses use of the care-management model in the ambulatory care setting to increase patients' access to providers and decrease hospital visits, including readmission. It also addresses the issue of some payment systems not allowing providers to profit from managing chronic conditions [Duration: 1.0 hr]

**MEDICARE ADVANTAGE**

COURSE	DESCRIPTION
Medicare Advantage and Other Medicare Plans Resource	This course explains Medicare health plan options other than the original Medicare. It was developed and approved by the Centers for Medicare & Medicaid Services (CMS), the federal agency that administers Medicare, Medicaid, the Children's Health Insurance Program (CHIP), and the federally facilitated Health Insurance Marketplace [Duration: 2.50 hr]

# EHN NOW OFFERING AN ENHANCED INSURANCE PROGRAM!

EHN is pleased to announce additional insurance offerings being made available in 2019! Understanding the complexities of operating an independent practice, EHN is working to help address the burden of high costs and heavy administrative workloads.

## MANAGEMENT LIABILITY

### D&O, EPL, CRIME, FIDUCIARY – OFFERED BY CNA

- ✓ Guaranteed renewal rates, favorable loss experience, and no significant changes
- ✓ Simplified and short renewal applications
- ✓ Lower retentions than industry standard for D&O/EPL
- ✓ Healthcare specific form with numerous coverage enhancements

## BUSINESS OWNERS PACKAGE

### PROPERTY, GENERAL LIABILITY, AUTOMOBILE, UMBRELLA – OFFERED BY CNA

- ✓ Premium credit of up to 25% available for EHN participants
- ✓ Numerous coverage and sub-limits enhancements

## CYBER LIABILITY

### OFFERED BY NAS

- ✓ EHN members are given preferential pricing on higher limits because of Physicians Insurance's embedded cyber liability coverage
- ✓ e-MD/MEDEFENSE Plus Policy customized for healthcare clients
- ✓ Physicians Insurance provides access to Cyber Center, a host of useful and practical tools and information to help manage today's challenging electronic records and privacy landscape:
  - Tools for enhancing privacy and data security practices
  - ID theft prevention information
  - Incident response planning
  - Breach notification requirements
  - Training and practice assessments, and more

Please contact Ryan Roberts or Torri Howard about receiving a proposal for the additional EHN Insurance Program offerings.

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