



Eastside Health Network

PRODUCT PORTFOLIO FOR PRACTICE GROUPS

A collection of Premiera's most popular
medical, pharmacy and dental benefits

Selecting benefit options for your employee health plan has never been easier.

EASTSIDE HEALTH
N E T W O R K

EvergreenHealth

OVERLAKE
MEDICAL CENTER & CLINICS

PREMERA | 
BLUE CROSS

Why EHN and Premera?

Eastside Health Network (EHN) has partnered with Gallagher and Premera Blue Cross to offer you plans using Premera's Heritage Prime network. We're supporting independent practices and providers in EHN through access to high quality medical and dental plans for employees. The Premera plans offered through EHN are designed to help independent practices provide competitive, cost-effective benefits to employees with the peace of mind that comes from knowing these plans have been designed for you by Eastside Health Network. You and your employees will have access to a myriad of member benefits at a value that wouldn't be possible for standalone.



It's about value

As the oldest and largest health plan in Washington, Premera has a tradition of helping to make healthcare work better for employers and their employees. They provide access to care from providers, clinics, and hospitals across the region through their **Heritage Prime network**. In addition, your employees and their dependents are eligible for Premera's best discounts and care management programs — adding superior value to your health plan.



It's about cost

Premera's strong partnerships with doctors, hospitals, and other healthcare providers result in a low total cost of care — bringing more value to your bottom line. The portfolio of Premera plans offered through EHN is designed to be easier to administer so we could pass on the cost savings directly to you.



It's about ease

EHN practices can easily see plan options and costs at a glance. EHN & Premera have partnered with Gallagher to simplify the quoting and set-up process quick. All the resources you need are easily accessible through Gallagher.

Additional Programs

When you select a Premera plan offered through EHN, you and your employees get access to additional programs, including:

- **Virtual care:** Virtual doctor office visits are available via video or phone.
- **24-Hour NurseLine:** Free, confidential health advice from a registered nurse, available 24/7.
- **Exclusive member discounts:** Fitness club memberships, weight loss programs, and services not normally covered by a health plan.
- **Vision Hardward Coverage:** Up to \$150 for vision hardward every 2 years..

There are also great online and mobile tools for finding a doctor and tracking medication. Check them out on premera.com.

Customizing your health plan is as easy as 1-2-3

You select the medical plan, the pharmacy plan, and the dental plan for your practice that works best for your business needs and budget—and your employees and their dependents.

Step 1 Select a medical plan

Choose from the following:

- 1 Pick from our 8 medical plans
- 2 Pick from our 2 pharmacy options
- 3 Pick from our 3 dental plans



- **5 preferred provider organization (PPO) plan options:** These options offer a combination of upfront, first dollar benefits, and standard coverage for other services.
- **3 health savings account (HSA) medical plan options:** These options offer great coverage and are designed to work with an employee-owned, tax advantaged HSA that lets employees save money to use for medical expenses, even during retirement.

BONUS!

All of the medical plans come with vision coverage, including \$150 to use for vision hardware every two years

		Coinsurance			Out-of-pocket	Emergency Room
Medical Plans	Deductible	In-network	Out-of-network	Office Visit Copay	Maximum	Cost Share
Your Choice: \$500 PPO	\$500	20%	50%	\$25	\$4,000	\$150
Your Choice: \$1,000 PPO	\$1,000			\$30	\$5,000	
Your Choice: \$1,500 PPO	\$1,500					
Your Choice: \$2,000 PPO	\$2,000			\$35	\$6,850	\$200
Your Choice: \$3000 PPO	\$3,000	30%				\$300
Your Future: \$1,500 HSA*	\$1,500			Deductible/ coinsurance applies	\$4,000	Deductible/ coinsurance applies
Your Future: \$2,500 HSA*	\$2,500				\$5,000	
Your Future: \$5,000 HSA*	\$5,000	0%			\$5,000	

Step 2 Select a pharmacy plan to pair with a PPO medical plan

Choose from 2 pharmacy plan options, each offers:

- If you choose a PPO medical plan, then you will pair it with either the “Preferred” or “Essentials” pharmacy plan.

Retail Cost Share 30 day Supply					Mail Order 90 Day Supply
Preferred	Generic \$10	Preferred Brand \$25	Non-Preferred Brand \$25		2.5 times retail copays
Essentials	Preferred Generic \$15	Preferred Generic \$30	Preferred Specialty \$50	All Non-Preferred Drugs \$30	

Step 3 Optional Select a dental plan

If you'd like to offer a dental plan along with a medical and pharmacy plan, choose 1 plan from 3 dental options. Each plan is identical, other than the annual maximum benefit. The plans offer: Preventive care benefits, Strong provider network and Flexibility to visit any licensed or certified dental provider.

Dental Plans	Individual Deductible*	Family Deductible*	Diagnostic and Preventive	Basic	Major	Annual Maximum*
Optima \$1,000 Max (with Orthodontia)	\$50	\$150	0%	20%	50%	\$1,000
Optima \$1,500 Max (with Orthodontia)						\$1,500
Optima \$2,000 (with Orthodontia)						\$2,000

Ready to learn more?
Email our partners at Gallagher and they can answer all of your questions, and assist you in getting a quote.
EHNQuotes@AJG.com